

# ASN Senior Secondary School

PREBOARD EXAMINATION 2019-20

Home Science  
CLASS XII

TIME- 3 HR.  
MM-70

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**General Instructions:**

1. All questions are compulsory.
2. There are total 33 questions.
3. Questions no. 1- 18, Section A, are objective type questions and are of 1 mark each.
4. Questions no. 19 – 23, Section B, are of 2 marks each, to be answered in 10-20 words.
5. Questions no. 24 and 25, Section C are of 3 marks each, to be answered in 20-30 words.
6. Questions no. 26 -29 are of 4 marks each, to be answered in 40 words.
7. Questions no. 30 -33 are of 5 marks each, to be answered in 50-60 words.
8. Internal choices are given in sections B, C, D and E.
9. Support your answer with suitable examples wherever required.

**SECTION A**

Fill in the blanks:

1. Factors affecting meal planning are ..... and ..... 1
2. Two examples of indirect income are .....and..... 1
3. Physical properties of water are .....and ..... 1
4. Two types of accounts that can be operated in a bank are .....and ..... 1
5. Expansion of RDA is..... OR Expansion of COPRA is ..... 1
6. Simple household methods of purification are .....and ..... 1
7. Constipation means..... 1
8. The term diet refers to .....meal. 1
9. The term **meanarche** means ----- 1
10. ....and .....two dimensions of colour. 1

**MULTIPLE CHOICE QUESTIONS**

11. Which of the following is not a fastner  
a.zip b button c interlocking d hook
12. Which of the following makes appearance taller?  
a. Vertical lines b. Horizontal lines c. Diagonal lines d. Plain 1
13. Which of these is not a factor for investment  
a. safety and security b. capacity c. Barter system d. income 1
14. What is not an element of art?  
a. colour b. Laces and piping c. line d. shape and form 1

15. What is the daily additional requirement of calories in a pregnant lady?  
 a.1000      b. 500      c. 350      d. none      1
16. Anita has to buy a dress for her herself. List any two points of workmanship she should observe before buying it?      1
17. Which are the symptoms of anorexia  
 1. muscle wasting      2. Odema      3. dry and scaly skin      4. Malnourishment      1
18. Consequences of Bulimia are .....and .....      1

**SECTION B**

19. What is the role of environment in influencing the differences in the identity of adolescents?

**OR**

List the eating disorders found in adolescents along with two consequences of each.      2

20. What are the various ways of increasing indirect income?2
21. Your grandfather is suffering from hypertension. List any two changes that are required in his diet.      2
22. List any four tips you should follow while storing woollens.      2
23. After studying child development Mrs. Khanna started a nursery school, which is not doing well. Acquaint her with four ideas from her own expertise, implementation of which can help her to extend her business and income. 2

**OR**

Which two opportunities of self-employment can you get after studying home management?  
 What are the opportunities available for wage employment after studying child development?      2

**SECTION C**

24. Based on your knowledge of clothing and apparel, elaborate on any six defects that can be seen in a readymade pant.      3

**OR**

How can the cleaning action of detergents be explained?

25. A family is unable to track the monthly expenditure in their household. Suggest them a way to keep accounts on a weekly and monthly basis. Draw a format to record monthly expenditure.      3

**SECTION D**

26. What are the nutritional needs of infants? What are the dietary recommendations while planning and modifying meals for them?      4
27. What are the various responsibilities during young adulthood? How can they cope with them?      4

28. What are the components of family income? Elaborate on all the components. 4

**OR**

What are the various problems faced by consumers on a daily basis? Explain each.

29. What are the various features that you should for while choosing clothes for adolescents? How is the choice different as compared to adults?

**OR**

What factors will influence the choice of a dress for your sister who is tall, slim but has a short neck?. 4

**SECTION E**

30. What factors influence the storage of clothes? Why is there a difference in storing different types of clothes?

**OR**

What are the different aids used in laundering clothes? On what does the laundering of different garments depend? 5

31. Compare and contrast the features of PF and PPF. 5

32. Adolescents have certain characteristics. What are the typical characteristics of this age?

**OR**

What are the consequences of substance abuse or misuse on the physical, socio economic, cognitive and emotional health and what are the various ways to deal with it? 5

33. What are the causes of food contamination? How can hygiene be maintained in the kitchen? 5